

# Addie Wieland, LCSW

## Board approved supervisor

Website: [www.everydaybraverycounseling.com](http://www.everydaybraverycounseling.com)

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## Experience

### Owner and Counselor at Everyday Bravery Counseling

6/2019 – Present

Manage and run a fully online private practice working with adults who have experienced trauma and those who struggle with shame, perfectionism, and poor self-worth. Provide trainings in the community on a variety of different topics surrounding trauma.

### University of Texas Rio Grande Valley: Counseling Center

9/2017 – 8/2020

Supervising Clinical Therapist (40hrs/wk)

Performs specialized treatment with students with complex personal, educational, vocational, and/or mental or physical illnesses. Utilizes advanced skills and judgment to complete assessments, provide psychiatric & psychosocial diagnoses, and treatment plans for each student.

#### Duties:

- Provides therapeutic services to clients of clinic.
- Provides supervision to Practicum Students, LPC-Interns and/or Social Work Interns under specific supervision.
- Provides individual and group training to Practicum Students, LPC-Interns and/or Social Work Interns.
- Creates Psycho-Educational Groups to be offered to clinic client population.
- Trains Practicum Students, LPC-Interns and/or Social Work Interns in conducting the Psycho-Educational Groups.
- Assists with the determination of appropriateness of referrals.
- Works with departmental faculty in determining how they could use the clinical site as part of their classroom instruction.
- Assists with the development and implementation of new programs, strategies, and goals for individual mental health, group psychotherapy.
- Periodically reviews and evaluates the effectiveness of existing programs and services.
- Assists the clinic director in periodically reviewing and revising forms being used to document the services clinic clients receive.
- Adheres to established policies and procedures of the University, UT System, and the clinical site.

- Maintains appropriate documentation to ensure compliance with state laws.
- Acts as clinic representative with all internal and external University committees and organizations.

**Center for Child Protection**

November 2013 until August 2017

Bilingual Family Advocate Manager

Serves as the manager of the Family Advocate program and responsible for the supervision of the team as they provide clinical services to children and families, and program development of the Family Advocate clinical department.

Duties:

- Provides training, clinical supervision and consultation to Family Advocate staff and clinical interns as assigned by the Clinical Administrator;
- Assists in reviews of Family Advocate supplements to ensure quality of written documentation of Family Advocate staff;
- Assist the Clinical Administrator in the hiring of Family Advocate staff;
- Works alongside the Clinical Director in the program development of Family Advocate services;
- Provide psychosocial assessment, psychotherapy and case management services for children and protective caregivers;
- Assess the client's level of cognitive, emotional functioning, and psychosocial history information.
- Assess the need for clinical services for the child and family.
- Assess current presenting problems that need to be addressed.
- Establish a case plan with clear treatment objectives, goals, and intervention strategies.
- Provides a written supplement after each meeting with the forensic interview client that will go into the Law Enforcement case file;
- Provide forensic interview clients with information on Victim Rights, to include Crime Victim's Compensation, Protective Orders as needed, VINE, information on other resources as indicated appropriate to each family;
- Provide group therapy facilitation for children and families referred by CPT as needed;

- Provide crisis counseling services as needed for children and families as referred by CPT;
- Participate in Forensic Interview case staffings with the Forensic Interviewer, Assistant District Attorney, Law Enforcement Detective and Child Protective Services Caseworker;
- Attend regular staff meetings and other community meetings as assigned;
- Represents Family Advocate services in the MDT process via attendance of Multidisciplinary Staffings;
- Attend weekly clinical supervision with Clinical Administrator to review client treatment goals and objectives;
- Coordinates with Forensic Interviewers the provision of follow up services to include counseling support, community resource assistance, crime victim rights assistance for all forensic interview clients;
- Provide court advocacy services to families with cases in the criminal justice system;
- Follows Center policies and procedures at all times;
- Assist in volunteer training and ongoing volunteer contact with children;
- Provide referrals for therapeutic services to children and protective caregivers referred by CPT;
- Maintain a comprehensive knowledge of the mission, core values and vision of the organization and the children's advocacy model;

**Easter Seals Central Texas**

August 2010 – November 2013

**Bilingual Programs Coordinator for Parent Support and Training Program**

Assisted the program manager in coordinating and delivering services for the parent support and training program for an outpatient rehabilitation clinic. Provided support, case management, parent training, and counseling to families with children with special needs.

**Duties:**

- Conducted intake assessments to identify appropriate interventions for clients
- Provided individual and family counseling to clients
- Facilitated weekly groups

- Provided case management assessing for the psychosocial and health needs of families and their children
- Provided crisis intervention and crisis management for clients
- Provided appropriate referrals to families about community resources
- Contracted with outside agencies, such as schools, juvenile probation, and shelters to provide parenting trainings, workshop, and support groups for clients and their families
- Established partnerships with two schools to provide monthly workshops for families with children with special needs
- Coordinated all Spanish speaking clients and translates all documents
- Developed and implements parent training classes, workshops, and support groups for clients, including adolescents and adults
- Maintained proper documentation for all services rendered and completes reports

## Education

<b>L.C.S.W.</b>	Passed licensing exam November 2015
<b>L.M.S.W.</b>	Passed licensing exam June 2010
<b>M.S.W.</b>	Masters of Social Work at Texas State University, May 2010, G.P.A. 4.0
<b>B.A. in Psy</b>	Bachelor of Arts in Psychology Texas State University, May 2008, G.P.A. 3.8

## Professional Development Trainings

- *The Daring Way Model Certification training. Based on the research of Brene Brown. Daring University. July 17th July 19<sup>th</sup>, 2019. July 19' – Dec. 19'*. Certified Daring Way Facilitator: Completed Jan. 2020.
- *Eye Movement Desensitization Processing (EMDR) Therapy Basic Training*, EMDR Humanitarian Assistance Program (HAP) and Professional Counselors of El Paso, November 16-18<sup>th</sup>, 2018 & January 25-28, 2019. Pending Certification. Estimated completion date: September 2020
- *Bereavement Coordinator Certificate Program*, University of Texas Rio Grande Valley, Continuing Education, July 18-19<sup>th</sup>, 2018
- *Changing how we feel by changing how we think*. Institute for Brain Potential. February 22, 2019.
- *Cognitive Processing Therapy*, Center for Deployment Psychology, June 18-19, 2018
- *Certified Clinical Trauma Professional (CTTP) Intensive Training Course*, ITAP, PESI, Dr. Eric Gentry & Dr. Robert Rhoton, June 15<sup>th</sup>, 2018
- *Safe Zone Ally Training*, University of Texas Rio Grande Valley, Office of Student Involvement, June 6<sup>th</sup>, 2018
- *Coalition against violence exploitation conference*, University of Texas – Rio Grande Valley, Office of Victim Advocacy, October 25, 2017
- *Follow your bliss: Using a holistic and ethncial approach to social work career management*, University of Texas, Jennifer Luna Jackson, May 10<sup>th</sup>, 2017
- *Dr. Stanley' Safety Planning Intervention*, ATCIC, Margaret Milardo, January 18<sup>th</sup>, 2017

- *Supervision Pathways: Converging needs, duties, and opportunities*, Dr. Dorinda Noble, January 11-13<sup>th</sup>, 2017
- *Phase 1 Certification in the Neurosequential Model of Therapeutics*, Child Trauma Academy with Dr. Bruce Perry, October 15' – January 17'
- *Sensation Game: Strengthening the "Felt Sense" in Trauma Work with Play*, Kris Downing, December 2<sup>nd</sup>, 2016
- *Counseling on Access to Lethal Means*, Dr. Elaine Frank, August 3<sup>rd</sup>, 2016
- *ASK about Suicide to Save a Life*, Merily Keller, August 3<sup>rd</sup>, 2016
- *Court Prep & Testimony for Mental Health Clinicians*, Children's Advocacy Centers of Texas, July 20<sup>th</sup>, 2016
- *Strengths-Based Supervision Training Project*, Arizona State University, Cynthia Lietz, May 23-24, 2016; June 13-14, 2016; July 11-12, 2016
- *Emergency Mental Health: Assessment & Treatment*, Cross Country Education, Tim Webb, February, 18, 2016
- *Trauma Experiences and Drug Use*, Joesph Dias, January 15<sup>th</sup>, 2016
- *Non-suicidal Self Injury and Suicidal Behaviors in Adolescent Latinas*, UT School of Social Work, Dr. Luis Zayas, December 9<sup>th</sup>, 2015
- *Transforming Trauma*, Hill Country CAC, Presented by Laura van Dernoot Lipsky, September 25<sup>th</sup>, 2015
- *2015 Crimes Against Children Conference*, Dallas Children's Advocacy Center and Dallas Police Department, August 10-13<sup>th</sup>, 2015
- *Mental Health First Aid*, ATCIC, May 13<sup>th</sup>, 2015
- *Culturally Responsive, Competency-Based Approach with Latina/o Families*, YWCA, Dr. Zamarripa, Ph.D, LPC-S, July 11<sup>th</sup>, 2014
- *2014 Crime Victim Services Conference: Transformations: Building Community Networks*, Office of Attorney General, May 28-30<sup>th</sup> 2014
- *Secondary Stress, Secondary Trauma and Personal Care*, Advanced Family Advocate Training at Children's Advocacy Center's of Texas, presented by Kelly Wilson, LCSW, May 14, 2014
- *Dialectical Behavioral Therapy and Advanced Dialectical Behavioral Therapy*, PESI, Presented by Dr. Stephanie Vaughn, March 29<sup>th</sup>, 2014
- *Stewards of Children, Darkness to Light*, Kate Nyquist, March 4<sup>th</sup>, 2014
- *Texas VINE*, Appriss, March 10<sup>th</sup>, 2014
- *The Rights of Crime Victims in Texas*, Office of the Attorney General, February 6<sup>th</sup>, 2014
- *Address Confidentiality Program*, Office of the Attorney General, February 6<sup>th</sup>, 2014
- *Crime Victim's Compensation Presumptive Eligibility*, Office of the Attorney General, February 6<sup>th</sup>, 2014
- *Creating a new narrative for child welfare*, Child & Family Research Institute, UT-Austin, November 28, 2013
- *The New DSM 5: Changes and Challenges Child and Adolescent Disorders*, UT-School of Social Work, Dr. Cynthia Franklin, PhD, LCSW, LMFT, October 11, 2013
- *Good Grief, Working with families with children with special needs*, Dr. Dale Rudin, PhD, September 7, 2013
- *2<sup>nd</sup> Annual Leban Play Therapy Symposium, Flexibly Sequential Play Therapy, A developmentally sensitive model for trauma treatment with children*, UT School of Social Work, Paris Goodyear-Brown, LCSW, RPT-S, June 21<sup>st</sup>, 2013
- *Satori alternatives to managing aggression (SAMA)*, Region 13 Education Service Center, Kathy Morgan and Maryteresa Tracy, April 22-23, 2013
- *Non-violent Crisis Intervention*, ATCIC, 2012

- *Youth, Trauma, Grief, and Healing*, TAASA, 2012
- *Trauma-Focused Cognitive Behavioral Therapy*, Austin Child Guidance Center, Dr. Laura Murray, November 30, 2012
- *Trauma Informed Case Management Services*, Safeplace, Heather Kamper, LCSW, October 19, 2012
- American Gateways Services: *Advocating for Immigrant Survivors*, American Gateways, Becca Holtz, June 14, 2012
- *Group Work with Adolescent Girls*, UT School of Social Work, Dr. Pamela Malone, March 7<sup>th</sup>, 2012
- *Feria Para Aprender 2012 Austin Educational Mobilization Training*, Community Key, Doyle Valdez, January 2012
- *Modern Day Slavery: Improving, Understanding, and Ethnical Responses*, UT School of Social Work, Dr. Noel Bridget Busch-Armendariz, PhD, LMSW, MPA, August 12, 2011
- Dialectical Behavior Therapy: An Integrative Approach to Managing Emotional and Behavioral Dysregulation
- *Human Trafficking: Commercial Exploited Youth*, TAASA, Lifeworks, APD-human trafficking unit, Central Texas Coalition Against Human Trafficking, Wende Hilsenrod, 2011

### Affiliations/Memberships

- Certified Clinical Trauma Professional June 2018 - Present
- Michael & Susan Dell Foundation Child Welfare Fellow Sept. 2016 –Oct. 2017

### Awards

- Team Excellence Award – CCP staff member, 2016, Center for Child Protection
- Outpatient Clinic Employee of the Year 2012, Easter Seals Central Texas

### Professional References

- Kasey Jackson, Children’s Advocacy Centers of Texas 512-472-1164
- Shireen Connor, BCBA, LMSW 832-661-0188
- Valerie Rivera, LCSW, EMDR certified 956 382-6641